

If improved after 6-8 wk

- Continue medication for 1 y after full resolution of symptoms (based on adult literature). AACAP recommendation recommends monthly monitor for 6 mo after full remission.
- 2. Continue to monitor for 6–24 mo with regular follow-up whether or not referred to mental health
- Maintain contact with mental health if such treatment continues.

FIGURE 1

Clinical management flowchart. ^a Provide psychoeducation, provide supportive counseling, facilitate parental and patient self-management, refer for peer support, and regularly monitor for depressive symptoms and suicidality. ^b Negotiate roles/responsibilities between PC and mental health and designate case coordination responsibilities; continue to monitor in PC after referral; and maintain contact with mental health. ^c Clinicians should monitor for changes in symptoms and emergence of adverse events such as increased suicidal ideation, agitation, or induction of mania. For monitoring guidelines, refer to the GLAD-PC toolkit.